



NUNNERY NEWS

April 2019

Issue 22

www.nunnerywood.worcs.sch.uk

@NunneryWood



Student Voice Secures New Canteen!

NUNNERY is set to have a brand new canteen facility providing a wide range of healthy and nutritious food. One issue that had been repeatedly raised through the student parliament was the school canteen. Students wanted a modernised facility offering ranges of healthy food with options for vegetarians, vegans and other dietary requirements. The issue had been discussed by the student parliament and then with SLT and then Elliot White and Sana Abdul, Year 10 students, visited two schools along with Mr Skyrme and Mrs Husband to see what is on offer in other schools and how this could be adopted at Nunnery Wood. They looked at how their food system worked, tasted food, and then got to speak to students to gain their opinions. The students that they spoke to were very positive about the variety and taste of food on offer tasted good and great variety. There were lots of healthy and salads, which was something

students at Nunnery had requested. Sana said, "It was helpful to see how it would work in our school." With Elliot adding, "It was good to see how the food industry worked."

After a competitive bidding process, Innovate Catering was finally selected as the company to take the eating experience at Nunnery Wood to the next level. They plan exciting menus packed with health, variety, goodness and attitude. They also strive to make their food look great and taste as good as it should! All dishes will be prepared every day using quality, fresh and seasonal ingredients that are responsibly sourced. As well as ensuring the food on the plate is healthy, we want students to understand the importance of eating the right foods and help them with their food and nutrition journey. There will be a huge selection of grab and go items including baguettes, panini, burritos and

salads to name a few, all now using barcode systems to help speed up the queues. There will also be a variety of healthy, tasty main meals prepared fresh every day from carefully selected ingredients. The menu will follow a similar weekly pattern so students know what to expect; for example there will be a roast dinner every Wednesday and a curry every Thursday. In addition, there will be a 'V' range including the 'V' burger, falafel & hummus market wrap & vegan home bakes. The 'V' range has many tasty vegetarian and vegan choices to choose from. There will also be a teppan grill in the main service to enable us to cook healthy stir fries, hot chicken filled wraps, quesadillas and many more new exciting menu items. A new salad bar bursting with homemade healthy salads such as pomegranate quinoa, roasted sweet potato and rocket or chilli orange and beetroot, pick a small or large pot and fill with salads will

also be available. The new company will also offer themed days such as Chinese New Year, American Independence Day and St George's Day, just to name a few! The new canteen will be open before and after school as well as break and lunch times. It will be available straight after the Easter holidays.

Full details and prices will be available on the portal soon.





Contact

Want to share your opinions or get involved with the paper?

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Message from the editors

James Thatcher - Well, it has been another great term for Nunnery Wood with lots going on which you can read about in this issue.

I have loved producing every issue and being part of the news team. We have got a growing team and always welcome new contributors.

Newspaper Club meets in IT3 on Tuesdays at 3.05pm

Headteacher Mr Powell “phenomenal achievement by anyone’s standards”



ALTHOUGH Brexit didn’t happen on March 29th, a much more significant event took place instead – in the form of an Ofsted team visiting Nunnery. The report hasn’t yet been published so I’m unable to share anything specific. Suffice to say our students and staff were fantastic.

I want to take this opportunity to celebrate the exceptional efforts made by some of our students when it comes to community work and fund-raising for charities. We are lucky to have so many students who are actively engaged in these areas and I won’t have the space here to mention them all. For example, we received an award from the National Citizens Service recently for the high level of recruitment at the school. From Year 11 last year, around 60 students did the two weeks of training involv-



ing adventure training and community work; this year, the NCS are already publicising the scheme and we are hoping for record numbers again. You may remember Adam Hussain, a National Citizen recruit, who passed away shortly after leaving Nunnery and who was part of the scheme. Because of this, the Service will always have a special place in the school community.

This year, a few students have stood out for their work for others. Euan Buchanan in Year 8 was celebrated recently in the Worcester News for his amazing work for the homeless in Worcester – and recognized by our local MP Robin Walker for this outstanding work. We’ve also had 3 of our students recognised at the Tryangle Awards for awards that include Sport, Bravery and Good Friends and Carers. Con-



gratulations and well-done to Daisy Wickett, Ryan Simcock and Liliana Alves for receiving these prestigious awards.

The final word goes to Oscar Bird who floated the idea of a skydive for St Richard’s Hospice many months ago. Oscar drove this idea from the start, enlisting Mrs Young and Mr Boniface to jump with him, and working tirelessly to publicise the jump and raise funds. At the time of writing, Oscar had raised over £2000 himself – and several thousand between all three jumpers. Well done all of you.

This is a phenomenal achievement by anyone’s standards; from someone in the middle of GCSE preparations, it is extraordinary. We are all humbled by your example, Oscar.

Top Awards for Nunnery Students

NUNNERY Wood was delighted to nominate students for the TRYANGLE AWARDS which are run annually by Young Solutions, a charity to support young students.

Year 10 nominated several students under the categories for Citizenship, Sports, Friends and carers, Arts, Bravery and Personal development.

Mrs Telger and Mr Kowalik were delighted to receive invitations to attend the event, held at Worcester Bosch on 28th March to see our students, who we nominated become overall winners.

Mr Kowalik nominated Daisy Wickett 10.X for her outstanding contributions for women’s football whilst studying for her GCSEs. Daisy has to train some distance away twice a week and travel at weekends for matches. She is such a dedicated student who never lets her team down, or her friends and family.

Mr McDonald nominated Ryan Simcock for his sporting talents based around raising money for a variety of great charities. He has walked the Malvern Hills, ran 5k colour runs and walked for the British Heart Foundation. Ryan truly puts others before himself.

Mr Telger, Year 10 Team Leader, nominated Liliana Alves for her amazing bravery. Liliana was involved a road traffic accident in August. She suffered extensive internal injuries and was placed in a coma. She has had to re-learn to self care. Lili has shown true strength and determination. She is currently back in school for 2 hours a day whilst still under going treatments and therapies.

Mrs Telger said 'I am so proud of all my Year 10 students who were nominated and also so humbled by some of the stories I hear. These 3 students are a credit to themselves and their families.'



A message from Miss Speechley...

Issue 22 of the Nunnery News is a packed as ever with exciting news from all that goes on at Nunnery Wood. This edition features a huge range of trips that have taken place over recent weeks as well as some incredible pictures of

science week and the dance show. The news team continues to expand in order to keep up with all of the events in school, but we always welcome new contributors. Just turn up to ICT3 on Tuesdays after school. Thank you and a

huge well done to everyone who has worked so hard to produce this issue, especially all of the students, but not forgetting Mr Hancock, Mr Morrison and Mrs Van der Klein. Please keep letting us know if you have stories to feature.

Contact us press@nunnerywood.worcs.sch.uk or @NunneryWood or NunneryWoodHS or find us on facebook. Enjoy the Easter break, maybe munching chocolate or a hot cross bun whilst reading this edition!

Head Boy & Girl

Dylan O'Kane & Molly Phillips
HEAD BOY & HEAD GIRL

RECENTLY we have been fund raising as well as raising awareness of Oscar Saxelby-Lee, a 5 year old Worcester boy with a rare form of leukaemia. He urgently needs a stem cell transplant and we are delighted to say that there has been three potential stem cell donors has been identified through a humongous effort by his school, Pitmaston Primary and the local community. Unfortunately each swab cost £40 and the DKMS are currently running at £250,000 deficit.

We have held a very successful raffle at the recent Year 11 Revision Evening and plan to donate half of the proceeds of the non-uniform day on 12th April.

Thank you in anticipation for your support. Any



further donations can be made through "Hand for Hand for Oscar" or DKMS.

We have focused on reorganising the student parliament. We have split it up into sections such as eco, canteen, mental health and social activities. There are around 30 students in each section. From now on, parliament will be comprised of meetings with the smaller groups to get more specific feedback, which will then be reported back to the whole of parliament with larger group meetings. We hope this will be a better way to get the student voice heard!

We have also chaired student parliament meetings and have been feeding back your ideas to SLT. Good luck to Year 11 students who are about to start their GCSEs as well as to Year 10 students who are taking their English literature GCSEs too. Have a great Easter break everyone and see you next term.



Ofsted Inspection



As you are aware, Ofsted came to Nunnery Wood on 29th March to inspect and grade the school. The results of the inspections and the full report are not available for two weeks. However, as soon as this information is available, we will of course share it with you. Ofsted is the Office for Standards in Education, Children's Services and Skills. They inspect services providing education and skills for learners of all ages. They also inspect and regulate services that care for children and young people.

Ofsted is a non-ministerial department. Ofsted's role is to make sure that organisations providing education, training and care services in England do so to a high standard for children and students.

Every week, they carry out hundreds of inspections and regulatory visits throughout England and publish the results online. They have around 1,800 employees across our 8 regions. They also have more than 2,300 Ofsted Inspectors to carry out inspections of schools and further education and skills provision.

Ofsted reports directly to Parliament and we are independent and impartial.

Celebrating Success

NUNNERY Wood aims to encourage and celebrate the success of all its students in all areas of school life, and to ensure that personal commitment and achievement is celebrated and rewarded.



Form Leaderboard:

Top 3 forms	Year 7	Year 8	Year 9	Year 10	Year 11
1 st	7.10	8.8	9.X	10.9	11.7
2 nd	7.1	8.1	9.4	10.1	11.2
3 rd	7.2	8.7	9.1	10.4	11.5

Going for Gold!

YEAR 10 student, James Thatcher is the first student to receive his gold award under the new rewards and awards system. He has gained 83 merit points and been awarded 10 achievement badges. This is an incredible achievement!

James said "I was so happy to receive this award and I think that this system is a great way to allow people to get the recognition that they deserve".



Top Award from National Citizen Service

NUNNERY Wood High School has received recognition for our continued work to provide students with opportunities to develop personal and social skills, by completing the National Citizen Service (NCS) programme. The presentation took place on Monday 4th March at Nunnery Wood High School during Year 11 assembly.

Representatives from NCS, Mr Jack Ritchie and Mr Jack Ingleby-Lewis presented Mr Powell with the Bronze Champion School status plaque and certificate.

The National Citizen Service is a voluntary, personal and social development programme for 15-17 year olds in England and Northern Ireland, funded largely by money from the UK Government.

NCS is a four-phase programme specifically designed to provide young people with all sorts

of new experiences. Whether you're a daredevil or creative genius, talkative or more reserved, you'll be surprised by how much you're actually capable of, coming away with a host of new skills and bags of confidence. If you want to boost your UCAS statement or CV, meet incredible people, get your voice heard and have a lot of fun while you're at it, then NCS is for you. Mr Powell said, "Nunnery is proud of the many students who have taken up the chance of working with the National Citizen Service over the past few years. We are hoping for record recruitment numbers from our current Year 11. The organisation's ambitions and values are fully in line with Nunnery's own vision for our students."



Almost Time for Goodbye!

YEAR 11 students Amy Rhodes & Tallulah-Rose Rowell along with a team of helpers and the support of Miss Johnson, have been working hard to produce their leaver's yearbook. The books are hardback and contain pictures of students when they began at Nunnery Wood in Year 7 and how they now look! They have also included pictures of trips and special occasions as well as memories and awards the books will be handed out before we say goodbye to the class of 2019.



Year 11 Prefect Team

Community and Charity Noticeboard

Daring Trio Skydive for Hospice

A BRAVE trio have signed-up for a skydive in support of St Richard's Hospice.

Year 11 student Oscar Bird had always wanted to do a skydive, with the minimum age being 16, he had to wait until he reached this and then decide to take on the challenge to raise funds for St Richard's Hospice. Two more places were available and so Miss Young and Mr Boniface will scale dizzying heights for the jump on Sunday, April 7. (This date was after the Nunnery News went to print and so we will update you on how they got on in the next edition).

Oscar says while he will be nervous on the day – he is “excited” for a new experience.

“I'm feeling excited as a skydive is something I've always wanted to do,” “I enjoy doing new activities with a 'you only live once' attitude.

“I understand how important the hospice is in the community. I can only try and help the hospice by fundraising money, which I am enjoying doing.”

“Why would a student not want to donate money to see their computing teacher jump out of a plane?” Added Mr Boniface.

“I am excited, but in denial about the idea of being thousands of feet in the air and jumping out of a plane! The closest I normally get to

altitude is the fact that my classroom is on the first floor.

“We are proud to support St Richard's Hospice as a school. The charity is one that makes a huge difference to the lives of individuals and their families.”

Miss Young, added: “I am feeling scared and excited. Family, friends and colleagues have donated. It is a team effort and we wanted to support Oscar.”

Oscar, who is in Year 11, has also held a number of raffles and a charity tuck shop to help raise funds.

Jodi Branwood, hospice fundraiser, said: “We are thrilled to see teachers and students teaming-up for this challenge. It is sure to be an incredible experience which will create memories to last a lifetime.

“We are very grateful to everyone at Nunnery Wood for raising money in support of our care – thank you from all of us at St Richard's.”

To make a donation to Mr Boniface visit [gofundme.com/mrbjumpsfromaplane](https://www.gofundme.com/mrbjumpsfromaplane) Or, to support Oscar visit www.gofundme.com/Oscar-SkyDive and to help Miss Young's fundraising visit www.gofundme.com/nwhs-skydive

St Richard's Hospice cares for adults with a

serious progressive illness, improving their quality of life from diagnosis, during treatment and to their last days. It also supports their loved ones.

Each year the hospice team supports more than 3,300 patients, family members and bereaved people in Worcestershire.

St Richard's is an independent charity and relies on donations for three quarters of its annual £8.8m income with the remainder from the NHS.

The hospice is also raising funds for the Build 2020 Appeal and is part way through developing a bigger hospice, enabling more patients and families to be cared for in Worcestershire.

The total cost for expanding and redeveloping the existing building in Wildwood Drive, Worcester, is £5.3m.

For more information about St Richard's Hospice visit www.strichards.org.uk



Race for Life

MRS Telger and her team of trotters made up of teachers, students and mums of students will be tackling the annual Race for Life taking place in July. The race is 5km and is open to people of all abilities. It doesn't matter if you walk, jog or run the distance, it's about taking part and

raising vital money for Cancer Research. If you would like to get involved, see Mrs Telger for further details. We hope to get as many people taking part as possible and welcome spectators and cheer leaders around the course on the day.



Dominique's Charity Cut

YEAR 8 student Dominique Barnsley-Staite decided to have a whopping 30" of her hair cut off! This is in support of for Little Princess Trust. The Little Princess Trust provides real hair wigs free of charge to children and young people up to the age of 24 that have sadly lost their own hair due to cancer treatment and other illnesses. The Trust relies solely on the efforts of enthusiastic community fundraisers. Dom had exceptionally long hair so was able to donate a lot of it. Dom decided to support the

charity as she wanted to help other children to have nice hair when they are having treatment. She has raised an incredible £1200 for the charity through sponsorship as well as actually donating the hair.



Ewan Pressures MP to Help the Homeless

YEAR 8 student, Ewan Buchanan has been doing an amazing job of helping the city's homeless. Ewan, who has always been interested in helping other people began fundraising at primary school. He took his fundraising efforts to another level last year, when he asked his year group at school to donate Easter eggs for the city's homeless community.

Ewan collected over 150 eggs which he took, along with his Dad to the Worcestershire Homeless Appeal soup kitchen to hand them out. The Easter eggs were so gratefully received. Some people weren't asking for an egg for themselves, but they asked if they could take one to give to their families. Ewan was able to give them enough for both a gift for their families and for themselves. It was then that Ewan realised that this was something he could really make a difference with and since then, Ewan and his Dad help out once a month at the soup kitchen.

In fact, Ewan was out in the cold and rain on Saturday evening handing out blankets, sleeping bags, clothing and food to people. He sees first-hand the reality of homelessness.

Mrs Buchanan, Ewan's Mum said, “Ewan is passionate about helping. He thoroughly enjoys the experience. He chats to everyone and he really makes a difference to people by just being himself. He is friendly and people enjoy talking to him. Ewan helped a homeless person who was wearing just a pair of shorts. Everything else which he owned had gone. They were able to kit him out with warm clothing and bedding. Ewan also spoke to a man who loved reading, and as a result, Ewan now collects second hand books. He has set up a box in the Hive which

is available for the homeless to take to read, as and when they wish.”

Ewan has taken the next step of writing to local MP, Robin Walker to see if there is a possibility of getting some lockers installed around the city, so that homeless people have somewhere where they can safely store their belongings, and Mr Walker has agreed to meet with Ewan and his parents this Friday to discuss this and other points further.

Worcestershire Homeless Appeal recently posted a tribute to Ewan and his Dad for their hard work and dedication to the cause on their Facebook page.

Ewan is now looking to encourage everyone in Nunnery Wood High School to donate an Easter Egg this year so that he can put even more smiles on faces!

Ewan said, “I enjoy being there. I know I can't do a lot, but I am making a difference and by being there, it makes me realise just how lucky I am”.



New Hope Charity Shop

THIS 50p shop is raising money for children in Worcestershire who have disabilities. If you have any good quality items you don't want then please drop them off at the shop. Any items worth more than 50p will be sold on elsewhere. Or go along and pick up a bargain.....

25A Lichfield Ave,
Worcester
WR5 1NW



Charity Forum

THE forum meets at least each term and is an opportunity for students across the school to work together on charitable ventures. They have completed a student survey and supported the various cake sales. Their latest potential idea is a Bring & Buy Sale – what do you think?

Mrs Miller said “we are planning to carry out a questionnaire to find out what students have to sell and what they might buy. Let's give it ago and see what happens.”



Harry Potter Book Night

NWHS celebrated Harry Potter Book Night in true 'Hogwarts' style by holding a Harry Potter themed Library Club.

Students brought in costumes and wands and the Library was transformed into Hogwarts for the day! Students were able to choose from a selection of fun activities; from wizarding word searches to colouring sheets and bedroom door hangers. They also had the opportunity to be

'sorted' in to their Hogwarts Houses, and many were just happy to have the opportunity to bury their heads in one of the books from this fantastic fantasy series.

As a thank you to all those who came along to help celebrate this magical event, students were rewarded with a handful of jellybeans, if they dared! We wonder who ended up with the ear wax flavoured ones!



Favourite Library Reads Spring Term

1. The Getaway
2. Birthday Drama!
3. The Meltdown
4. The World's Worst Children 3
5. Fing
6. Harry Potter and the Cursed Child
7. Roller Girl
8. The 26-Storey Treehouse
9. Thanos: The Infinity Siblings
10. The Alchemyst
11. The Boy at the Back of the Class
12. A Blade So Black
13. Paper Avalanche
14. The House with Chicken Legs
15. Demon Dentist
16. Say Her Name
17. Drama Queen
18. Harry Potter & the Philosopher's Stone



Linguists Learning Lingo!

IN March, Mrs Kendrick and Mrs Vicary took 10 talented Year 9 linguists to Aston University in Birmingham for the German Cultural Day, which is run by Routes into Languages. Routes' aim is to encourage language learning in the West Midlands and we are delighted to give our students the opportunity to attend their events each year. Our students discovered lots of new things about how the school systems in German, Switzerland and Austria work and how they differ from the UK. They presented what they had learned in the lectures. They had to do this using lots of German, to a big group of students from different schools. The students stood out as talented German speakers among a group of very determined young people! Well done Eva, Matthew, James, Amber, Ellesse, Tom, Tianne, Lucie, Emilie and Megan.



'SWAP A BOOK' for World Book Day 2019



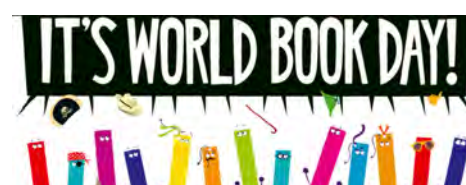
TO celebrate this wonderful day, the Library held a 'Swap A Book' where students were encouraged to bring in books they no longer wanted from home and swap them for different ones!

Library Club members volunteered to help run this event which turned out to be a huge success; they made posters, bunting and helped to keep the tables well-stocked and presentable. Lots of students left the Library laden with lots of new titles to read!

Summer Gale 7.03 writes, "I am going to tell you about our Swap a Book day that went on in the Library on the 7th March 2019. I really

liked this experience because it was an amazing opportunity to read new books that you have never read before."

Izzy Fradley 7.09 and William Darby 7.05 both agreed it was really good and worked well. A big THANK YOU to all those students who gave up their own time to help and to all those who came along to support.



Science Week

BRITISH Science Week, run by the British Science Association is a national celebration of science, technology, engineering and maths, featuring entertaining and engaging events and activities across the UK for people of all ages. Schools and other organisations across the country took part and at Nunnery Wood, students had amazing experiences. The science

department at Nunnery Wood was very keen to be involved and all sorts of exciting activities and trips took place. Experiments took place every lunchtime and there were assemblies about science as well as a competition to discover more about leading scientists. Students learned how science affects their everyday life and why it is so important.

They considered careers linked to science as well as what studying science after GCSEs is like. There was a focus on what British scientists have contributed to science and encouragement for all students to get further involved in science and STEM. Miss Higham, Curriculum Leader of Science said “British scientists have made so many outstanding contributions to the

world of STEM and it is important that we celebrate these success and consider the journey of discovery that people went on to make these inventions. From the internet to telephone and the Higgs Boson particle to the world war 1 tank. All of these were invented by British scientists.



Competition Winners Announced

James Thatcher
YEAR 10

BRITISH Science Week in Nunnery was a big event and it also produced some big winners in one of the competitions held. Organised by Miss Higham, the brains behind the event, it was an opportunity for budding students to test out their science history and also gave a lot of students background into topics that we study in science. Around the school there were posters of scientists and students had to go around and find their names and what they were famous for. They then had to take their findings to Miss Higham.

From Year 9 there were 6 winners who were Beth Harris, Amber Levitt, Akriti Sharma, Abbey Cracroft, Tamzin Gittings and Madeline Hadley. From Year 8 the 3 winners were Rosie Williams, Casey Coffin and Lauren Williams.

Congratulations to all of the winners and everyone who took part. This was an interesting and effective learning activity for all who took part and not only that but it provided a fun activity for all.

Celebrating Science

James Thatcher
YEAR 10

THIS term was full of explosions and fun for all as Nunnery celebrated this year's British Science Week. From dissections to all the reactions and whizz bangs that you could wish for, it was a great opportunity to see the science department demonstrate some very high class science experiments that usually people would not get the chance to witness. Miss Hunt demonstrated her keen knife skills as she dissected a rat in a room full of eager and interested students. Looking at anatomy at this

level is something that is not usually available for students to see until university and so it was a fascinating event to watch and discover the amazing abilities of an animal's body. It must have been one of the most well received events of all week as more than 30 students turned up to watch this amazing experiment. There were also many competitions that you could get involved in. One of which was to create a poster about a journey and there were a lot of interesting and creative ideas from life cycles to trips to the moon. The winners of the prize were Zaib-Un Nisa Ali who created an amazing poster on the digestive system, Arthur Longshaw and Chloe Petrice for their inventive

and imaginative design on Voyager 1 and Louie Foley and Herbie Edgington for their brilliant and informative poster on food chains. Miss Higham, the organiser of the competition said “Well done to all these worthy winners and all pupils who entered this competition. It was very hard to decide who was to be a winner but these three stood out for us and they shall now go on to enter a bigger event run by the British Science Association for a chance to win some amazing prizes”. Overall, the week proved to be a huge success generating energy and enthusiasm and not only that but it gave students the opportunity to see some in depth science and interesting events.



Big Bang Trip

Markus Telger
YEAR 8

ON the 15th March, 60 Year 8 students boarded the coach to head to the annual Big Bang Fayre at the NEC in Birmingham.

On arrival the students had a short walk to the venue and entered the huge arena. The inside of the venue was full of incredible science experiments as well as apprenticeship information and job recruitment details.

There was a huge live show demonstrating experiments and our very own Mr McDonald was nominated by his dear pupils to drink several funny looking chemicals. He was slightly nervous and perhaps a bit concerned that he was picked! However, he was very brave and did Nunnery Wood very proud. The entertainer said Mr McDonald had one of the best tongues he had ever seen- now there is a claim to fame!

The day was great for picking up a few freebies like water bottles, ipads, stressballs, pens, high-lighters and pencils.

A part of the day that was really enjoyed by students was the VR headset game with race car driving. It was a great F1 driving experience, an awesome challenge to complete.

I would really recommend the trip to next years' students, it was a lively day with so much to see and do.

The Big Bang UK Young Scientists & Engineers Fair is the largest celebration of science, technology, engineering and maths (STEM) for young people in the UK. It is an award-winning combination of exciting theatre shows,

interactive workshops and exhibits and careers information from STEM professionals.

The Fair gives young people the chance to hear from inspiring engineers and scientists from some of the UK's biggest companies and find out about the opportunities available in STEM. Visitors can join us to discover virtual reality, medicine, marine biology, film and TV, space exploration, explosive chemistry, crime-solving, robots, computer coding, microscopic bugs, giant trucks and more.



We Are Stronger Together

PARLIAMENT representatives from Years 7 and 8 travelled to Wembley SSE to attend WE Day UK, which is a global initiative that encourages young people to take action and make a difference, with a focus on making doing good do able! WE is a movement that believes when we come together we can create an even better world. The day was a combination of inspirational speakers and exciting musical acts from chart topping stars. The highlight of the day was an appearance by Prince Harry and his wife Meghan.

Harry delivered an empowering speech to encourage the young to take part in positive social change.

12,000 students and teachers attended the event at the SSE Arena. All have done something to make a difference in their local communities and Nunnery students were keen to find out what more they can do.

They took part in a day of listening to educational speeches and watching performances, with celebrities including Nicole Scherzinger, Naomi Campbell and Pixie Lott among those appearing.

Harry, 34, who was speaking in his capacity as President of The Queen's Commonwealth Trust, said: "To be amongst all of you progressive, motivated, open minded, change-makers, is what gives me hope for the future."

"Your optimism is inspiring – you see opportunities where other people see challenges; you seek solutions when others just focus on problems."

He added: "You are the most engaged generation in history. You care about values, doing the right thing, and championing the causes that will shape your future," he said.

"You don't judge someone based on how they look, where they're from, or how they identify."

"In this room, you see the world for what it is – vibrant, colourful, mixed and full of promise."

"That is who you are, and that is what makes me feel proud to stand in your presence as you tackle the world's greatest issues. And you guys know as well as I do, we've still got so much

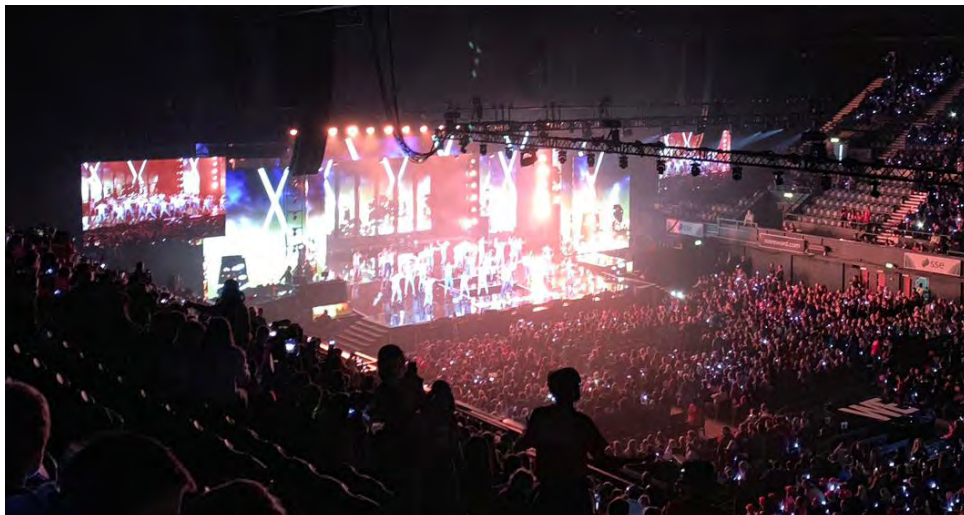
to do."

In his speech, the prince spoke about the importance of tackling both mental health - and the health of the planet.

"We now have the facts, the science, the technology and the ability to save not just our planet, but ourselves."

He added: "You are the most engaged generation in history. You care about values, doing the right thing, and championing the causes that will shape your future," he said.

There was much debate on the way home about which act the group preferred and who had inspired them most, but it is certainly a day that those involved will never forget!



Nunnery Celebrates Dedication and Service to Duke of Edinburgh Award Scheme

FIVE members of staff here at Nunnery Wood High School have recently been awarded milestone certificates for their dedication and service towards the Duke of Edinburgh Award Scheme, (DofE). Their dedication of service awards run from 5 up to 25 years.

Ms Humphries, who has given 25 years of service to helping students achieve their goals through the Duke of Edinburgh Award Scheme said; “I was first involved in the DofE award in 1984 where I was invited on a 3-week expedition to Arctic, Sweden/Lapland with the County Field Exploration Group. The expedition was known as the Malvern Lapland Expedition. I was there as a mountaineer as I had snow and ice experience but also to assess and supervise a 5 day Gold DofE expedition in a remote area based near Abisko well within the Arctic Circle. I would say this was quite a strenuous expedition involving complicated river crossings and coping with mosquitoes and sand flies, but the students coped well. I was then mainly involved with the expedition section at school from 1987 until 1997 as my main interest was still in mountaineering and orientating. At the time we had teams from Year 10 and 11 who I trained to take part in an annual challenge event held in the Black Mountains in memory of a former Worcester student who tragically died on Ben Nevis. This was known as the Julia Read Challenge Event and some of the students used this as their expedition section for the award. From 1997 until present day I have been the unit award leader where I have been responsible overseeing the award and in particular the expedition section but also the volunteering section as we have had groups of students who have regularly worked alongside the Countryside Service in Nunnery Wood.

It is really rewarding to follow students through from Year 9 all the way through to Gold when they are well in to their twenties. Most people think of DofE as the expedition section but each of the sections requires commitment and determination. I think people underestimate young people and I am always impressed with the amount of volunteering that takes place within the award and the number that continue to volunteer once they have achieved their award.”

Certificates were also given to Mrs Westhead, Mrs Scoby, Miss Gonzalez and Miss Ledbury.

Miss Ledbury, who has recently been awarded her 5- year milestone certificate said; “I’m a fair weather girl so Dof E is definitely something that took me out of my comfort zone. I love getting outside and exploring though so I persisted through the torrential rain, snow and the rare occasions of glorious sunshine . I’ve been involved with DofE for about 6/7 years now and it’s been an absolute honour to work alongside Karen Humphries our resident DofE guru who’s put in more years than she’d like to admit. Her professionalism, knowledge and expertise are invaluable. Seeing the progress students make over such a short period of time is very rewarding, they learn about resilience and that they are capable of anything once they put their minds to it.”

Miss Gonzalez has recently been awarded her 10 -year milestone certificate said, “I’ve been involved with DofE since joining the school in 2004 and have been part of many expeditions locally in the Malverns, and further afield in the Brecon Beacons and North Wales. Spending time on expedition is always enjoyable as the scenery is usually amazing, however, the same

can’t be said about the weather!”

Mrs Westhead who has recently been awarded her 10- year milestone certificate said, “I help out with it as it’s a fantastic opportunity for students to develop their confidence and skills in a new environment. Also working under Karen is a privilege due to her knowledge and commitment to the scheme. “

Thank you to other members of staff who help with DofE expeditions.

“The Duke of Edinburgh’s Award has helped countless young people on their sometimes difficult path to adulthood.” HRH The Duke of Edinburgh

For the past seven decades, the DofE Award has inspired and transformed the lives of millions of young people from all walks of life. From volunteering to physical activities, life skills to expeditions, achieving a DofE Award is a passport to a brighter future, valued by employers and universities.

It is a flexible programme that helps to develop young people for life and work, the numbers speak for themselves: 93% of participants feel that DofE has helped them to work in a team and 84% feel that they have become a more responsible person.

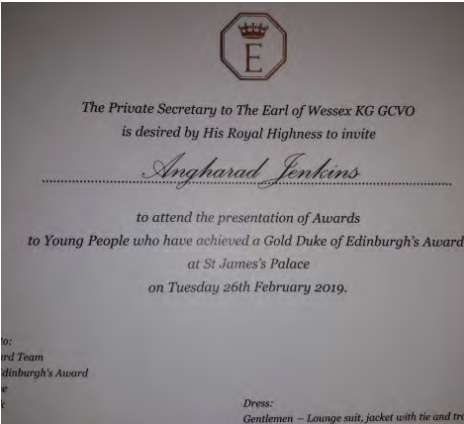
Many young people find achieving a DofE Award life-changing. A fun adventure and major challenge, three progressive Award levels (Bronze, Silver and Gold) and a wide range of activities offer endless possibilities to anyone aged 14 to 24. Millions of young people in the UK have already taken part in the world’s leading youth achievement award – pushing personal boundaries, gaining new skills and enhancing their CVs and university applications. Time to get involved and go the extra mile? If so, see Ms Humphries, or any of the other staff involved for further details.



Meeting with Royalty!

FORMER Nunnery student, Angharad Jenkins was invited to go to St James’ Palace, London to collect her Gold Duke of Edinburgh Award. Angharad started her D of E journey with the Bronze award whilst in Year 9 at Nunnery Wood with Mrs Humphries and then continued and completed her Silver award as well. Ms Humphries then took her through the Gold award while she was at Worcester Sixth Form College.

Mrs Jenkins, EP teacher and Angharad’s mum said, “It was very exciting going into the state rooms at the palace, with a string quartet playing as we entered. We were in the Queen Anne room. Prince Edward came and spoke to many of the students receiving their certificates. He was very warm and enthusiastic. The guest presenter was Rob Bell. A TV presenter who has recently completed seven marathons, in seven days on seven continents. His message to the young people was achieving their Golds is no easy task, a difficult challenge well accomplished – but now what’s next?”





NWHS Computing

Robotics Challenge Excitement

Oliver Styles
YEAR 9

PROGRAMMING Club, which meets every Wednesday after school recently attended Royal Air Force Museum Cosford where they competed in challenges related to robotics and programming. They had been preparing for this since September and have been working hard on both Lego Mindstorms robots, one for doing different challenges and one to go as fast as we could make it.

The event was hosted by Royal Air Force Museum Cosford, this was one of 16 competition days where 350 schools nationwide would compete at different venues across the UK. There were also engineers there from the competition's sponsors and they were there to assist

with judging and to talk to anyone who wanted to know more about engineering. The Nunnery team was working in the main museum underneath and surrounded by the exhibited aeroplanes.

On the day they faced many challenges including making their robot follow a black and white line, collecting a Lego plane after raising a barrier and then taking it to another area of the mat. They also had to make the robot pick up a container, which the team had to make themselves, and transport it back to the start area. To finish off they had to make their robot climb a steep ramp and make it stop at the end. All of these challenges had to be completed within just 5 minutes.

There were two chances to do these challenges; one before lunch and one after lunch. The first attempt was not that successful as they were a

little disorganised and had mainly focused on completing the challenges and not taking into consideration the swapping of parts on the robot to suit the different challenges. Fortunately, there was a bit of time in between the two attempts, to make tweaks to our code and to get more organised and to prepare for the second attempt which went better than the first.

At the very start of the day all of the schools gathered in the lecture theatre to do the speed challenge which involved each school's robot, built specifically to go fast, driving 4 metres as fast as it could.

At the end of the day students watched their pressure powered cars, which we had to build out of K'nex for the team challenge, be fired to see how far they would go which added to an overall score. After watching their cars be put to the test all of the schools gathered in the lecture

theatre for the winners of all of the individual challenges and then the overall winners and schools going through to the finals to be announced. Unfortunately, Nunnery did not make it to the finals but everyone had a great day out overall. Nunnery did particularly well in the team challenge where they won second place.



Robotics Challenge

Grace Webb,
YEAR 8

"ON the 7th of March, some of the Computing Ambassadors went to The RAF Museum to compete in the Robotics Challenge. Elisabeth Rowberry, Amelia Bray and I entered in the Project Presentation. This is where we had to research about Humanitarian Aid and the future of robots. We did a dance about search and rescue and about how we need to get the humanitarian aid to people. We also showed how computers can get there faster than if you are just in a helicopter with nothing to help you. We got 26 /40 points.

The whole team also competed in a Team Work challenge. We had to make a rocket in 5 minutes and see out of all the schools who's would go the furthest. The points were given based on how well we worked together as a team. Our team came 2nd place for this part of the competition!"

Ski Trip

STUDENTS from Years 8-11 travelled to Austria over February half term for a week of skiing. The students were a mix of abilities from complete beginners to people who had skied before. The week was full of fun in beautiful surroundings. The group was divided into smaller groups to hit the slopes, where they had professional instructors who were able to help students ski at their level. Novices began on very easy green slopes, more experienced skiers could tackle harder runs. Even those who had never skied before were getting confident by the end of the week. Some made excellent progress and had a real talent for the sport. Inevitably there were a few falls but this was all part of the fun and everyone just laughed it off and helped each other up! Learning to use the ski lifts was also tricky for some, it's not as straight forward as you might think! There was not just fun on the slopes but off the slopes too with the students enjoying activities such as sledging, tubing and evening fun and games in the hotel. The students returned with amazing memories, new friends, new skills and maybe a few aching muscles! Thank you to Miss Chalmers, Miss Gonzalez, Mr Jenkinson and Mr Allen who kept everyone safe and entertained for the week. Miss Chalmers said that it was an "amazing trip in beautiful surroundings, everyone had a fantastic time." The ski trip for next year is already fully booked with but does run in February half term every year.



Sights Set on Oxford

James Thatcher
YEAR 10

NUNNERY students were privileged enough to go to Oriel College in Oxford University to have a look round the campus and see the brilliant city first hand. Not only that but they got the opportunity to meet Oxford students who were studying at the university to see what it would be like to go there. They got to meet up with ex Nunnery Student, Emma Batchelor who is now reading law at Oxford. The whole purpose of the day was to take students to one of the highest rating universities in the world and show them what it was like to go there and encourage them to consider studying there in the future.

The day began with a talk on the university and how to go there and what it was like living in the city halls, as the university campus is spread out over the entire city. As well as looking at everyday life in the city the students also got a sense of the demanding qualifications needed to

get into the university which are 3 As at least for a humanities subject and 2 A*s and an A at least for a maths or a science. But this only came as an eager challenge to the students, fuelling their desire to work harder and do their best.

There was next a visit by 4 university student ambassadors who spoke of their own personal experiences at Oriel and shared their thoughts on what it was like to get there. The students were then showed around the college and got a chance to look into the lives of the people who lived there and also answering any questions that they might have.

After a gorgeous lunch (of fish and chips) the students were taken to a meeting room where they took part in one of the highlights of the day. Oxford University has created a task called Oxplore where new questions were posed, encouraging people to have debates on varying topics. Taking part in this saw many heated debates and opposing opinions which got the whole room engaged and looking at varying points and suggestions.

Although the end of the day seemed near it

was not the last event in store as there was next the chance to explore Exeter college - the place where J.R.R.Tolkien studied and found the inspiration to write the Lord of the Rings. It might have been very similar to Oriel but it still possessed its own characteristic charm and

warmth that made it still feel apart from the other colleges.

The day truly was extraordinary as it gave students and opportunity to see the brilliant surroundings that Oxford possesses and also gave them an opportunity to look at what the future



History Brought to Life in Theatrical Performance

YEAR 11 students were transported back in time to Tudor England to where they experienced a dramatic Inquisition of Queen Elizabeth. The play is framed as a thought experiment in which students were asked to imagine that Queen Elizabeth has been captured by Catholic invaders and put on trial by a newly created English Inquisition. Leading the Inquisition was Cardinal William Allen, leader of English Catholics in exile, whose mission was the reconversion of England to the Catholic faith. His aim was to destroy the personal, political and religious credibility of the deposed Queen. The witnesses that he summoned provide damning testimony concerning

all aspects of her reign. To save her own life, Elizabeth had to provide a credible defence against their evidence! The play was performed in four parts, between each section was an exam busting workshop led by principal examiners to help students understand how to approach exam questions using the knowledge they have gained. Students received revision materials to take away with them. Mr Scoby who organised the trip said "It was brilliant! The way in which the inquisition encouraged students to utilise their knowledge and weigh up evidence before applying to the exam questions was terrific. The students all really enjoyed the performance."



Uncovering The Past

YEAR 7 students got out of the classroom and explored the history of their local area. They were taken to places of historical significance around Worcester. These included Fort Royal, The Commandry, The Cathedral, The Guild Hall, Friar Street as well as industrial sites such as the former Fownes Glove Factory, now the Fownes Hotel as well as Royal Worcester Porcelain and Lea and Perrins. Students were encouraged to look at Worcester in a way that they may not have done before whilst developing their historical skills as they completed tasks and challenges throughout the day. Miss Speechley who led the visit said "It is vitally important that students understand the history of their local area and are able to construct a narrative of the past through the buildings and places that they see around them. They were

able to use historical sources in conjunction with the actual places to develop their understanding. The work will then be used in class to support their local history unit of work. It is always enjoyable to get students out and learn in a different way to how we can tackle this topic in the classroom."



ARTIST of the month



Top Left - Isabelle Scarborough \ \ Top Right - Isabelle Scarborough \ \ Bottom Left - Emily Kemp \ \ Bottom Right - Sophie Matthews



ARTIST of the month



Above - Sophie Matthews \ \ Below - Millie Moseley



Above - Emily Kemp \ \ Below - Lana Blinkhorn



Bottom Left - Josh Kerton \ \ Bottom Right - Abi Mann



Below - Aleksa Jauberzina



Love Cooking?

YEAR 8 students made their own bread and created their own healthy sandwiches. The results were incredible and look delicious!

GCSE Food practical work is skills based, so in the single enrichment lessons we have been perfecting the basics. The students have

produced swiss rolls to perfect their skills on this occasion.



BTEC Children’s Play, Learning & Development

ON 20th March we were fortunate to have a group of babies and toddlers to observe as part of our course. This enabled the Year 10 students to observe how children play and the importance of the adult’s role in facilitating the play opportunities. Twins, Milo & Kit are 8 months old and thoroughly enjoyed the attention. Their brother Hugo was very interested in what the students were doing with his little brothers and kept a close eye on them. Emily, who is also 8 months, visited us a few months ago and it was amazing to see how she has grown and developed. Danni-Lou has also visited us before and is becoming a little more comfortable in front of the grown up audience. A big thank you to the adults for bringing in the children – we really appreciate your time and effort.



Tales Out of School

STUDENTS from all year groups performed 'Tales out of School' which was a showcase of short plays, extracts, monologues and duologues that had themes of old people, young people, happy and sad people as well as goldfish, pumpkins and stockings! Some of these were related to events and situations in school, others family life and some were from known stories and plays, each with their own unique twist. The students had worked incredibly hard to prepare and this certainly paid off on the night. The showcases were highly entertaining as well as thought provoking. The talent demonstrated was incredible. Students confidently took to the stage and delivered their lines word perfectly. In addition to these performances, videos of students discussing the themes of the pieces that had been filmed around school were shown between performances, this added an extra element of enjoyment to the evening. The production was hosted in the theatre where the seating had been arranged café style to give a different atmosphere to the usual set up. In addition to the extensive cast, students were able to be involved working as stage crew or with sound and lighting. One audience member said "Wow, that was incredible, well done again Nunnery Wood. I really enjoyed the whole evening."

Why not get involved either with performing or being crew? See Mr Burford to find out what is happening next and what roles are available.



The Nunnery Dance Show

Erin Martin
YEAR 7

EVERY year the dance team surprises us with an amazing show that wows the audience. This year, they have really gone all out, the dance show took place on the 5th March. It had a series of many complicated dances and spectacular routines, performed to a packed theatre. All the dances and songs had their own special meaning and story. The show was inspirational and showed off what amazing talent we have at Nunnery Wood. The hard work and dedication shown by the performers really paid off. This year it really was the greatest show! One Twitter user tweeted "The dancers were amaz-

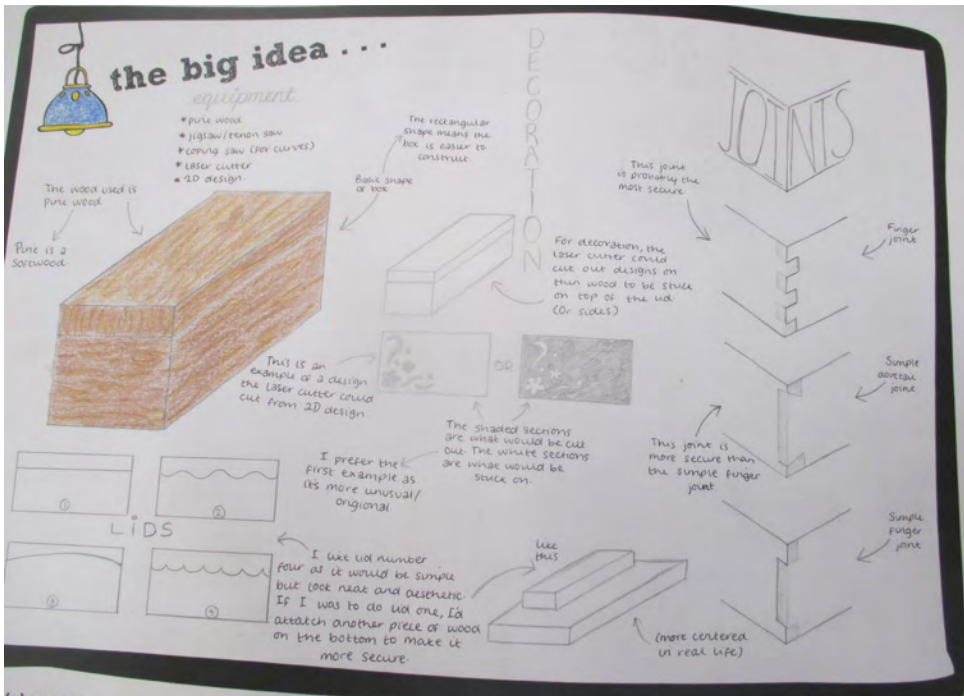
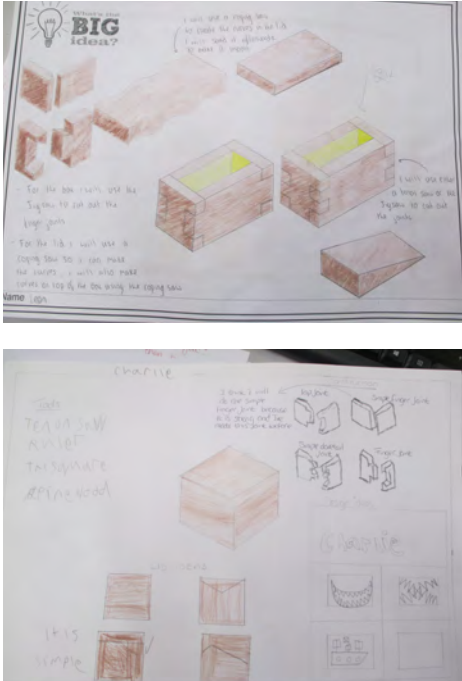
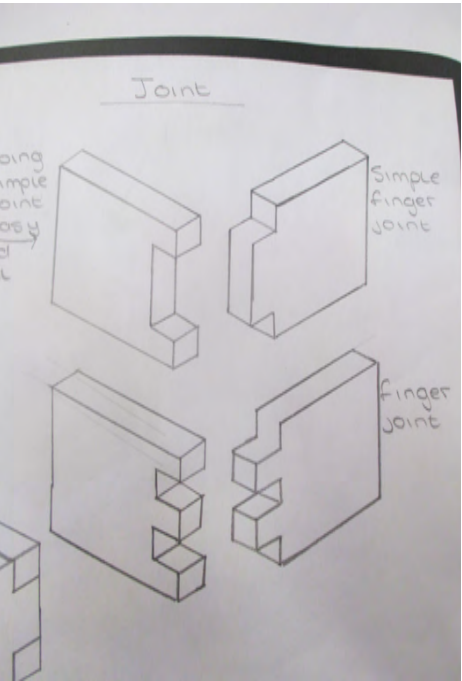
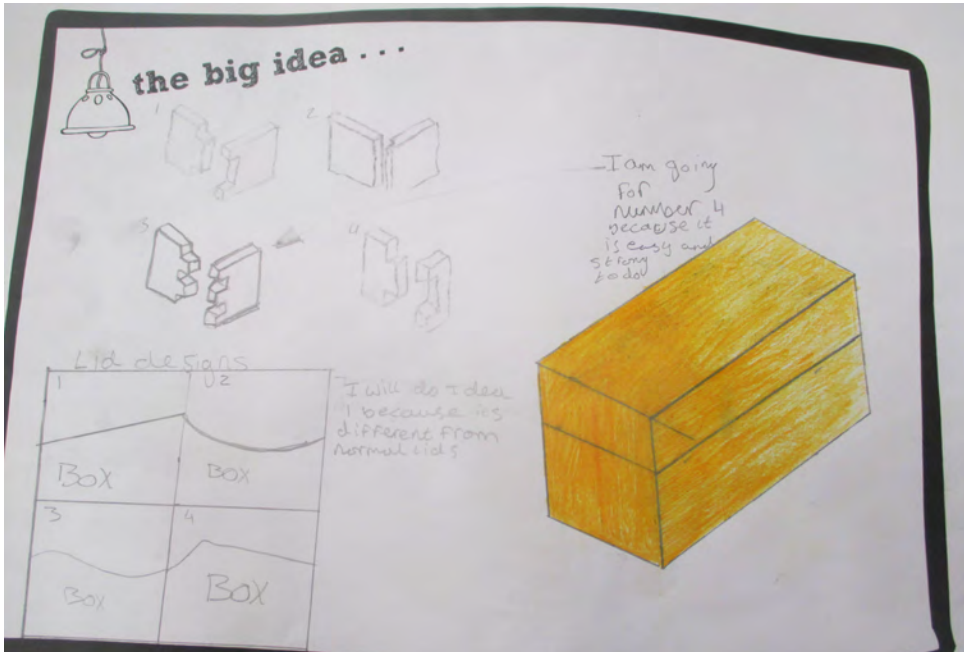
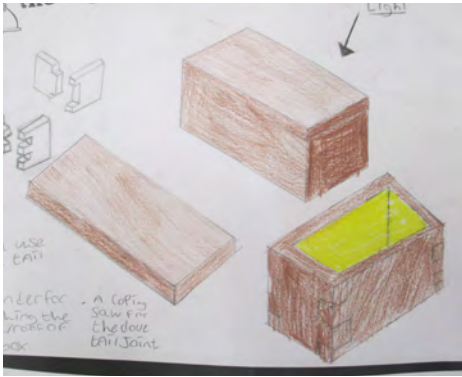
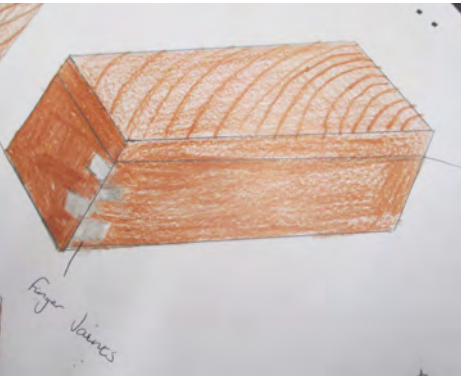
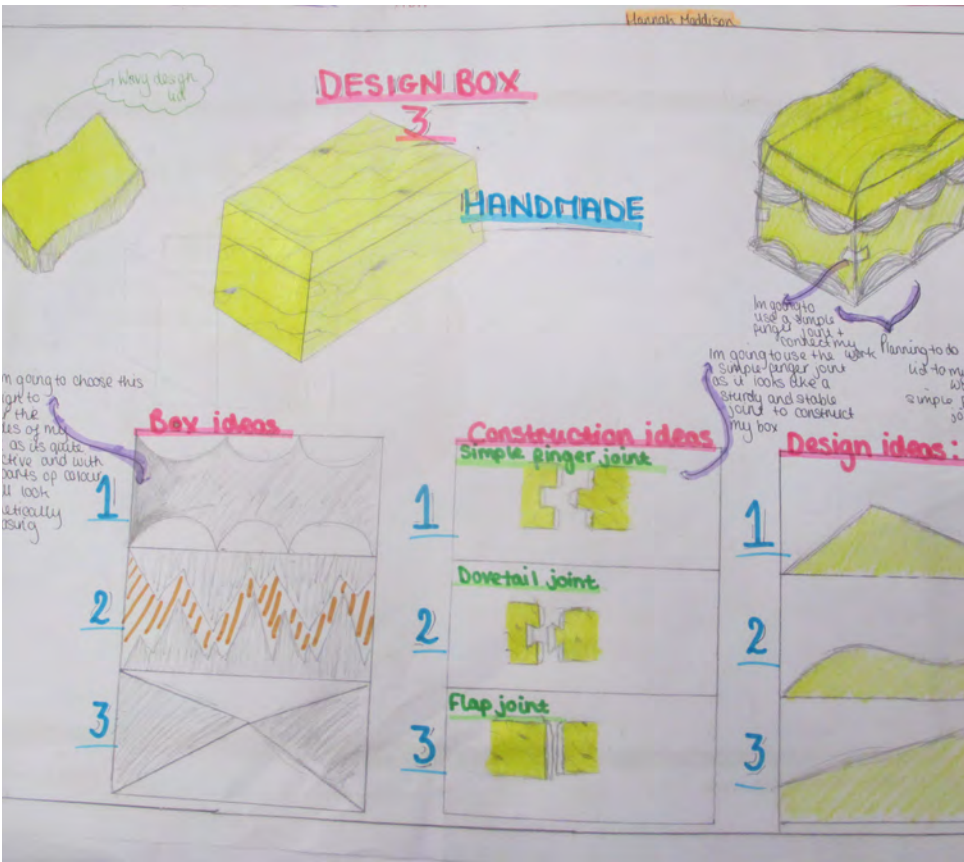
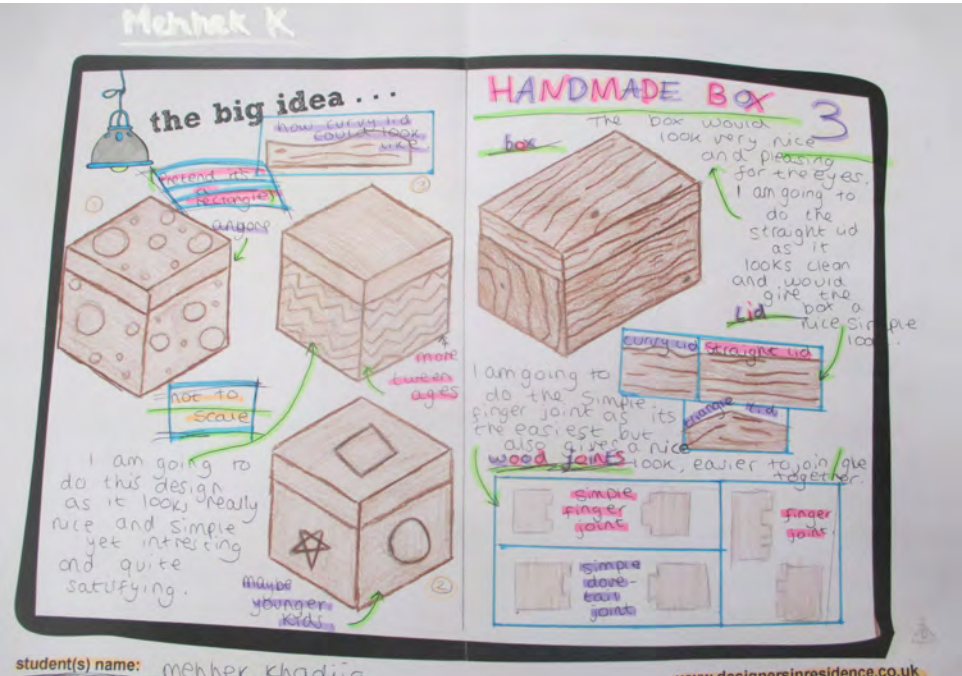
ing, we are so proud of you, keep up the good work."



DESIGNER of the Month

YEAR 10 students have been developing and practising their drawing skills – drawing in 3D and applying colour to their drawings to create a material effect. Each student has designed a wooden box to manufacture in the workshop.

Well done to Luke Fearnall, Kyle Goppy, Jay Scott, Charlie Lambert and all Year 10 Design and Technology students.



International Women’s Day



Nawal Jamshid
YEAR 9

INTERNATIONAL Women’s Day is celebrated on March 8th every year. It is one of the most recognisable days for celebrating the movement in women’s rights. The foundations for the day were put in place in 1908, when a march of 15,000 women protested through New York, demanding shorter working hours, better wages and the right to vote. In 1909, the Socialist party

of America made it the first National Women’s Day. In 1910 there was an international conference of working women in Copenhagen. There were 100 women at the meeting from 17 different countries and from the idea of Clara Zetkin they all agreed to celebrate it in 1911, which makes this year the 108th International Women’s Day.

In 1975, the United Nations started celebrating it too and setting an annual theme each year. The first theme was “celebrating the past,

planning for the future” and this year’s theme was “think equal, build smart, and innovate for change”.

In the past three years, there have also been other days celebrating women’s rights for example the three annual women’s marches. These began over the common alliance that was generated after the election of Donald Trump as the president of the USA. This was the first women’s march, which took place on the 21st of January, which was a worldwide protest the day after Trump had been inaugurated. It was the largest single day protest in the history of the US.

On a BBC article talking about International Women’s Day which had five main points, the third point was “Is there an International Men’s Day”, which there is. It takes place on the 19th of November, normally focuses on male mental health and challenging toxic masculinity, and likewise is very important. However, for an article about International Women’s Day and for the third point to be about men can be irritating. Common stereotypes when talking about feminism are that women and girls are making a fuss out of nothing, yet still everything, and the most common of all: that all feminists hate all men. None of these are true and feminism is such an amazing and educating thing. If you Google feminism, the definition that comes up is “the

advocacy of women’s rights on the ground of the equality of the sexes.” Essentially what this means is that you publicly support equal rights, which 9 out of 10 people do, so if you’re reading this and agree, then congratulations you’re a feminist!

Miss Hunts Assembly

On Friday 8th March it was International Women’s Day. A group of enthusiastic year 7 students kindly volunteered to help Miss Hunt deliver an assembly to make people aware of the importance of this day. The students shared statistics from around the world about the inequality that women in some countries still face. We also looked at some of the language that is used to describe some women such as ‘bossy’ and asked students to think about the terminology they use to describe women in comparison to language they may use to describe men. The students all boldly stood up and shared with the year group a woman that inspired them with a reason why. We had family members, sports stars, politicians, scientists and many more. We asked the year group to reflect and see if they could identify a woman in their life who they look up to and inspires them. The volunteers did a fantastic job at delivering the message that we wanted to get across, that girls and women, boys and men are all equal and all deserve the same opportunities in life.

Falconry Display Inspires Language Skills

YEAR 11 students from Mrs Kurkus’ and Ms Moody’s English classes visited Hagley Falconry Centre to help them prepare for their GCSE English Language exams. The students are studying the novel ‘A Kestrel for a Knave’. The aim of the trip was to inspire their creative writing. They watched an incredible flying display from various birds of prey. These included kestrels, hawks and owls. Some of the students will be returning again in the Easter holidays for further inspiration. The students were able to use what they saw on the day to relate to the text they had studied in class, as well as being motivated to write in a creative way. Thank you to Mr Haines and Mr Dolorenzo who drove the minibuses.



Are Twins Telepathic?

William Darby
YEAR 7

FOR many years some people have thought and tested whether identical twins are telepathic and can know what the other is thinking. Scientists have tested whether twins can think the same and if they can feel each other’s pain even when they are nowhere near each other. In some places twins have been thought to know something about the twins when it is clearly impossible to know. There is a program called twinstute in which twins do challenges against each other where one has been, let’s say, sleep deprived and they see if they can do the challenge. The show is hosted by identical twin doctors, Doctors Chris van Tulleken and Xand van Tulleken

and they put competing health therapies to the test with the help of thirty other pairs of identical twins - the perfect candidates for scientific comparison. Me and my twin tested telepathy out and sadly it did not work although people will continue to test...



The 104 Woman Who Wished to Be Arrested!

Carys Slimming
YEAR 7

WHAT do you want to accomplish in your lifetime? Win an award? Be the first person to use a jetpack? Well, this 104-year-old woman wanted to see what it was like to be arrested!

Anne Brokenbrow had never gotten in trouble with the law in her life, but always wondered what it felt like. So, for her wish on the ‘The Bristol Wishing Washing Line’ initiative. She wrote “My wish... is to be arrested. I am 104 and have never been on the wrong side of law.”

The Wishing Washing Line project launched in Bristol on March 1, elderly people write their wishes on a slip of paper that is pegged to a washing line in the local Co Op store. Local residents and business owners then see the wishes and can offer to make them come true if they are able to.

So, on the 20th of March; International day of Happiness, Anne’s mock arrest took place. She was arrested on the charge of being an ‘Up-standing Citizen’ Anne was pleased, and even asked for the police to put the sirens on whilst on the way to the station!

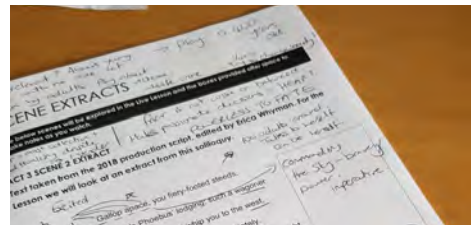
Year 10 - Shakespeare Live Lesson

10X/EN1 enjoyed a live lesson, broadcast by the RSC, in which actors who performed in the latest version of 'Romeo and Juliet' at the RSC (the version that a number of the class went to watch in Summer 2018) talked about how they interpreted the language and expressed their understanding of the characters. Students had the opportunity to ask questions of the cast, two of which were answered in the live Q&A. This lesson was a nice addition to our revision unit for Shakespeare!

Also, at the beginning of March Year 7, 8 and 9 embraced World Book day with a fun interactive quiz as well as creating tweet stories! They

had loads of fun and came up with some fantastic stories. The results are as follows:

Year 7 winner: Mylo Thomas
Year 8 winner: Angel Robertson
Year 9 winner: Beth Rock
Overall winner: Briana Simpson – Year 8



Performing Beyond School

MANY students from Nunnery love to take to the stage acting singing and performing. Many of them not only perform in school, but pursue their interest out of school attending WODYS. Formed in 1982, WODYS is an amateur musical youth groups based in Worcester. Their membership averages 70 youngsters aged between 8 and 18 years.

Their very first show, You Can't Stop The Panto, was staged at our rehearsal room in 1983. Nowadays, with a much larger show budget the group uses more elaborate sets and costumes, such as that of Les Misérables (School Edition) with its barricade and revolving stage. WODYS marked their tenth anniversary production, HMS Pinafore, by staging it at the Swan Theatre, Worcester. Since then they have been

performing at the theatre and in many cases, to capacity audiences.

WODYS' production of Half a Sixpence in 2011 was heralded as best youth musical in District 10 of the West Midlands region of the National Operatic and Dramatic Association and was praised by the NODA president at the time for: "Outstanding performance in a youth society production". Its Oklahoma! programme, in 2007, also received an award from NODA. The group is currently preparing for their latest musical 'Back to the 80's'. Many Nunnery students are involved in this and there are still tickets available.

You can find out more about getting involved in WODYS by visiting their web site: <http://www.wodys.com>

READING IS POWER

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What's happening?

The trees circled around me like a canopy of crooked fingers. The wind howled past my ears, carrying the soft, unsettling call of my name. Urging me to move, my mind swirled. 'Noooo!'...

By Mylo Thomas - Year 7

What's happening?

When, in life you are faced with a difficult situation people use something called 'perspective'. However, Lilia had none of that and decided to abseil off the cliff. What an imbecile.

By Briana Simpson - Year 8

What's happening?

I heard my mum shout my name, so I headed towards the stairs until suddenly my mum pulled me to the side and whispered: 'Don't go...I heard that too.'

By Beth Rock - Year 9

What's happening?

It was finally at that moment that I realised It was time to change my life. I opened the book.

By Angel Robertson - Year 8

Newspaper Club

Carys Slimming
YEAR 7

DO you love writing? Do you want to produce articles for your fellow students? Come to Newspaper Club on Tuesdays afterschool if this applies to you! Here you make friends, write articles, and have fun! Whether you write book reviews, the current affairs, recipes, or sports reviews, there is something for everyone. As well as all these privileges you have a guaranteed chance

that your work will be published in the nunnery news and read by fellow pupils! We also need people to take photographs as well as help to find out what the news is.

This means that in every copy you could have a few paragraphs of your own to discuss either your, or everyone's current affairs. Whether it's to complain about a test or to spill gossip about a dance show!

There is a newspaper club on every Tuesday after school in IT3, it finishes at 4:00 pm, hope to see you there!

The Nunnery News Needs

YOU

Writers, reporters, photographers, editors...

Learn new skills, make new friends!

ICT3 Tuesday 3.05 – 4pm

Wodys

PRESENTS

BACK TO THE 80's

...THE TOTALLY AWESOME MUSICAL!

noda

WORCESTER ARTS CENTRE

A Musical by Neil Gooding
Additional Material by Stuart Smith
Revised Orchestrations and Arrangements by Brett Foster
Original Music Adaption by Scott Copeland
This amateur production is presented by arrangement with Music Theatre International (Europe) Limited

You are about to go on a journey...
to a time when Rick Astley was King of Pop
and when bubble skirts and blue eye shadow were cool!

**Tuesday 30th July to
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SWAN THEATRE WORCESTER

For ticket orders please call

Careers

Word of the month
Apprenticeship - Noun
Definition: A job with training.

EVERY apprentice follows an approved programme of study with an employer. This means that you will gain a recognised qualification as well as work experience. In some sectors you can gain a degree via an apprenticeship. Apprenticeships are available in many sectors from accountancy, healthcare, journalism, legal to engineering, construction and sport.
Current apprentice minimum wage £3.70 (some employers may pay more).

Useful websites for finding apprenticeships
<https://www.gov.uk/topic/further-education-skills/apprenticeships>
<https://worsapprenticeships.org.uk/>

Apprenticeship Parent Pack
<https://amazingapprenticeships.com/app/uploads/2019/03/Parent-Pack-March.pdf>

Healthcare Science Career of the Week



Allied Health Professional
Speech & Language Therapist

Pay Scale: Band 5 to 7: £21,000-£40,500

AMAZING FACT | The Hyoid bone at the top of the neck, just above the trachea, helps us move our tongue and is not connected to any other bones in the body.

This is one seriously cool career that uses so many areas of science and physiology. You see, SLT involves knowing about muscles in the head and throat, biomechanics, hearing, how the brain interprets words.

Working all over the hospital, from stroke wards to outpatients, they also work directly with patients in their own homes or nursing homes.

Problems with swallowing or communication due to a stroke or Parkinson's disease for example as two of the main issues patients require help with.

In the UK one of the biggest issues for this career over the last few decades has been working with ethnic minorities. Nowadays speech therapists are trying to work in their patient's native language and even use computer software to help communicate.

What to do to get into this career...



Top Tip
Check out the range of courses at University that would be relevant for this career and then check what the entry requirements are for each of them for a more accurate picture.



SEARCH
At the time of writing there were 14 Universities that provided a Speech & Language Therapy Course. Check them out by searching UCAS for Speech and Language Therapy. www.ucas.ac.uk

HAVE YOU CONSIDERED?
If you are into speech and sounds you could also check out Audiology, which is a healthcare science career. Or if you are into design and art, why not check out a Maxillofacial Prosthetist.

WIN A STETHOSCOPE
Tweet, Vine or Tag us in a picture of you with this careers poster and win a stethoscope!
[@MedicalMavericks](https://twitter.com/MedicalMavericks) www.instagram.com/MedicalMavericks www.facebook.com/MedicalMavericks

YouTube Check out [MedicalMavericksTV](https://www.youtube.com/channel/UCM4v8v8v8v8v8v8v8v8v8v8) on YouTube for loads of amazing videos on science and the body.

How do I

- how do i gain qualifications
- how do i make new friends
- how do i study an apprenticeship
- how do i kick start my career

Stourbridge College that's how!

bmet.ac.uk

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[@CEC_WORCS](https://twitter.com/CEC_WORCS)

CHOOSE YOUR PATH

FOLLOW THE POSSIBLE ROUTES TO YOUR DREAM CAREER

78% 30% Of employers think work experience is essential. Of young people think work experience is essential.

68% 30% Of young people plan to go to uni. In six years only 30% of jobs will be graduate roles.

GetMyFirstJob gives you the latest opportunities, information, advice and resources for everything after school or college. From work experience, entry-level roles and apprenticeships to gap years and university.

Register on www.getmyfirstjob.co.uk to find opportunities near you.



- 2019 APPRENTICESHIPS.**
- Apply now at:- <https://www.severntrent.com/careers/>
- Finance
 - Project Management
 - Engineering – coming soon.
 - Utilities Engineering Technician – coming soon.

Degree Apprenticeships for Quantity Surveyors and Solicitors also available.

If you have any questions see Mrs Gwynne during the lunch time drop in sessions in the careers office.

GCSE Important Information

Easter Revision Sessions - Year 11 2019									
Some session are by invitation only									
Dance Festival - Theatre, Hall, Canteen, DT, EP, Music, Food rooms UNAVAILABLE									
	Day	Monday	Monday	Tuesday	Tuesday	Wednesday	Wednesday	Thursday	Friday (B/HOL)
	Date	15/04/2019	15/04/2019	16/04/2019	16/04/2019	17/04/2019	17/04/2019	18/04/2019	19/04/2019
AM 9.00am - 12.00pm	Subject Staff Room	Design and Technology VOw SSm IT 1 IT2	Dance HSp AR 4	French - invited students VAu MFL3	Business Studies AJe IT1	English Lang Year 11 English Staff EN rooms			
PM 12.30pm - 3.30pm	Subject Staff Room	CiDA TSt IT2	Science (Combined and Separate) KHi, DHe, ARa Sc 3, 4, 5	French - invited students VAu MFL3		English Lit Year 10 English Staff EN rooms	German HDr MFL 2		
	Day	Monday (B/HOL)	Tuesday	Wednesday	Wednesday	Thursday	Friday	Friday	Friday
	Date	22/04/2019	23/04/2019	24/04/2019	24/04/2019	25/04/2019	26/04/2019	26/04/2019	26/04/2019
AM 9.00am - 12.00pm	Subject Staff Room		Ethics and Philosophy Sen EP3	Music CRe MU1&2	Design and Technology JMa DT1	Geography HSc and Cga GG1 GG3	Maths TBC Maths rooms	French (Higher Tier) HHo MFL 5	
PM 12.30pm - 3.30pm	Subject Staff Room				GCSE PE Tke Ma 1	Health and Social Care CCo Library	Media Studies SMo EN5	French (Foundation Tier) HHo MFL 5	Computer LBo IT2

June 2019 Half Term - Revision Session

		Monday (B/Hol)	Tuesday	Wednesday	Thursday	Friday
		27/05/2019	28/05/2019	29/05/2019	30/05/2019	31/05/2019
AM 9.00am - 12.00pm	Subject Staff Room				Media Studies SMo EN5	Food SYo Fo 1
PM 12.30pm - 3.30pm	Subject Staff Room					

Year 11 GCSE Exams – Summer 2019 - Key Points

MORNING exams start at 9:30am and afternoon exams start at 2:00pm. All exams have a compulsory revision session before them – either immediately before (morning exams) or a little time before (afternoon exams.)

If you are ever late for an exam, then get to school as quickly as you can! You will probably still be able to do the exam. Phone the school on 01905 363636, or get someone to call on your behalf, so that you can let us know that you are running late.

If you are too ill to do an exam, you must sit the exam then after the exam go to the doctor to ask for a medical certificate. The School can then ask the exam board for special consideration. If the doctor refuses, contact the school on 01905 363636.

From 13th May you will have the choice of PE or private study in allocated classrooms during PE sessions, you will need to bring revision materials.

From Monday 13th May, morning Form/Assembly time will run from 8:30am – 8:40am to allow revision sessions to start at 8:40am.

From Monday 13th May Breakfast items will be provided for year 11 students free of charge in the Canteen from 8am – 8.20am.

Revision sessions are compulsory! They will help you to achieve the best possible grade. These details will be displayed:

- 1. In your Tutor Rooms
- 2. Ms Marshall's office
- 3. In the Foyer on Year 11 Board
- 4. Mr Williams office

Students will be in school full-time until Tuesday 11th June. In any sessions where you no longer have an exam, you will be expected to bring revision with you.

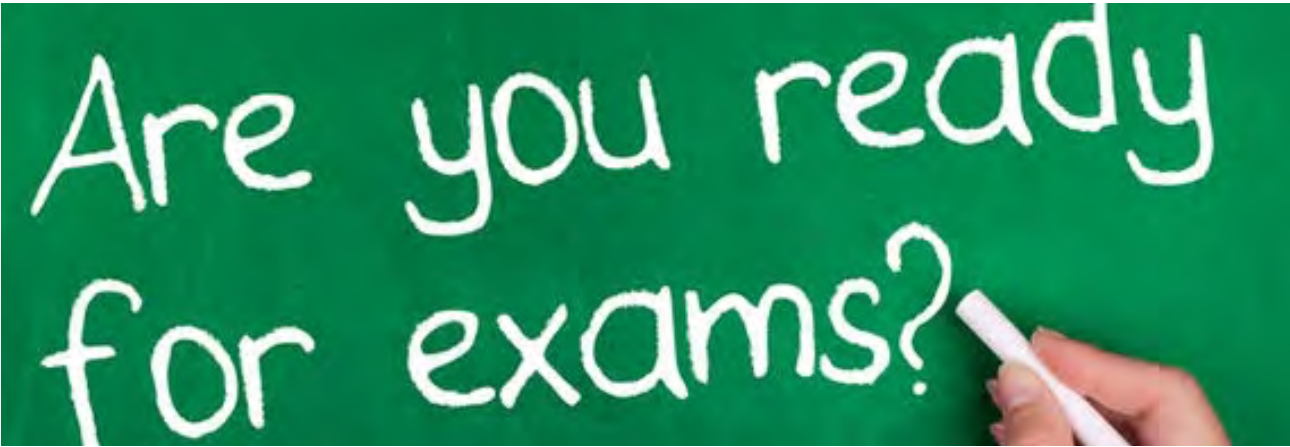
- Some revision sessions may clash. Students who have a clash must attend the revision session for their next exam.
- It is your responsibility to bring all of the correct equipment for each examination (blacks pens, pencils, rubber, sharpener, ruler, calculator, protractor, compass)

Top Ten Revision Tips

- 1 Short bursts of revision (40 – 60 minutes) are most effective. Your concentration lapses after about an hour and you need to take a short break (5-10 minutes).
- 2 Find a quiet place to revise - your bedroom, school, the library - and refuse to be interrupted or distracted.
- 3 Make sure you don't just revise the subjects and topics you like. Work on your weaker ones as well. Use the information from your teacher.
- 4 Make your own revision notes because you will remember what you have written down more easily. Stick key notes to cupboards or doors so you see them every day.
- 5 Rewrite the key points of your revision notes; read them out loud to yourself. We remember more than twice as much of what we say aloud than of what we merely read. Test yourself or get someone else to test you.
- 6 Use different techniques. Make your own learning maps, use post-it notes to write key words on, create flash cards. Record your notes and listen to them on your phone or tablet. Ask friends and family to test you. Use highlighter pens to mark important points. Chant or make up a rap song.
- 7 Practise on past exam papers or revision tests available on the web. Initially do one section at a time and progress to doing an entire paper against the clock.
- 8 You will need help at some stage, ask parents, older brothers and sisters, teachers or friends. Ask teachers to clarify points you are unsure of and ask them how to revise. Use websites specifically designed for revision.
- 9 Try not to get stressed out! Eat properly and get lots of sleep!
- 10 Believe in yourself and be positive. If you think you can succeed you will; if you convince yourself that you will fail, that's what will probably happen.

26 June 2019 – JCQ GCSE EXAM CONTINGENCY DAY

This date has been set by the JCQ This means that all exam candidates must be available to sit exams from the date of their first exam until Wednesday 26 June 2019 should sustained national or local disruption arise during the Summer 2019 series.



NUNNERY SPORT

Rugby Girls Winning Streak!

NUNNERY Wood has a very talented pool of female Rugby players. Seven girls from both Year 9 and 10 play Rugby for Worcester under 15s. Six of the girls were put forward by Worcester under 15s coaches for the North Midland County assessment session and three of the group were successful in being selected for North Midland squad. It took place on 3rd February at Bourneville RFC. There were over 60 Girls taking part from Worcestershire, Herefordshire, Shropshire and the Greater Birmingham area with only 30 places up for grabs. All the Girls performed brilliantly on the day. Doing themselves and Worcester proud.

Lola Brothwell (2 hooker), Melissa Tout (9 scrum half) Anna Willis (12 inside centre) were selected and Anna was also selected as Captain for North Midland squad. Anna said, "I took up Rugby when I was in Year 8 at school, follow-

ing the advice from my P.E teacher, former teacher at Nunnery, Mrs Gleeson. I enjoy playing at the Festivals. I really enjoy playing Rugby and I would love it to become a career for me."

The girls have had a phenomenal run of success recently, which has culminated in them winning the North Midlands County Final (31-5) match which took place on 24th March at Rugby Lions RFC Stadium Warwickshire.

Prior to this, they won all nine of their games at Syston RFC Leicester Festival which took place on 24th February and North Midlands won all 6 of their games at their second Festival which took place at Burntwood RFC Walsall on 10th March.

Photo below from left to right: Victoria Perry, Melissa Tout, Anna Willis, Bobbie Joe Stedman, Evelyn Clarke, Lola Brothwell

Photo to the right side from left to right: Melissa Tout, Lola Brothwell and Anna Willis

If any Girls at Nunnery Wood are interested in playing Rugby at Worcester they have 3 age groups.

Under 13
Under 15
Under 18

Email: Worcestergirlsrugby@outlook.com for further information or speak to any of the girls pictured, they will be more than happy to help you get involved.



Clubs to Get Involved in at Nunnery

THERE are lots of different clubs at NWHS from sports clubs to writing clubs. You can go to lots of fantastic groups and interesting extra-curricular activities to join like: football, hockey, netball, newspaper, movie club, street dance club and library club are just a few of the many clubs that we can attend. Lots of the clubs are helpful and also fun like sports clubs which make you more active but are also very enjoyable. There are other clubs like newspaper which improve your journalism skills as well as it also helps improve your creativity skills. Some people take for granted the amount of clubs there are on offer and there is probably a club out there which you can join so why don't you join and you never know - you could love it?

Swimming Gala

AT this years' annual Worcestershire schools swimming gala, we had great participation from the girls at NWHS taking 16 girls to compete. Our students should be extremely proud of representing NWHS, placing in the top three in many races and collecting over 90 points for entering only half of the races. Well done to the following students; Emma Baddeley, Florence Antcliff, Zoe Bloss, Abi Ginever, Louisa Parkes, Milly Hemming, Jess Morris, Jess Dobson, Abi Smedley, Tianne Clifford, Keira Hibbert, Jemima Thorp, Kaitlyn Norwood, Georgia Fox, Natasha Dobson. Our Year 10 boys Ollie Smith and Isaac Shepherd won the majority of their races, bringing in lots of points for our school.

Girls Reach County Finals

THE girls U14 football team have seen off opposition from local teams to reach the county finals to be played against Christopher Whitehead Language College. In their most recent match, the girls stormed to an easy win 6-0 against a team from Redditch. Goals were scored by Freya Barton, Ellie Green and Niya Hillyard CHECK SPELLING. Ellie Green was names player of the match. Miss McNichol who coaches the team is delighted with their success and is looking forward to the next round of the competition.



Close Call in Rugby Final - Nunnery Wood vs Dyson Perrins

Joel Rickman
YEAR 9

ON Tuesday 19th March 2019, a squad of seventeen players travelled to Pershore Rugby Club to play Dyson Perrins Academy in the District rugby final. Dyson Perrins took an early lead

with a converted try. A few minutes later Nunnery Wood were able to get on the scoreboard having been awarded a penalty. Fraser Gore neatly slotted the ball between the posts. Half time score 7-3 to Dyson Perrins. An entertaining second half saw Nunnery Wood with plenty of possession and territory but unfortunately the team was unable to add to their

total. The Dyson Perrins team edged a close game, winning 7-3. Thanks to the referee and to Pershore Rugby Club for hosting the match. Congratulations to Dyson Perrins who will now be playing Herefordshire District finalists Cathedral School at Sixways.



NUNNERY SPORT

This Girl Can Campaign



THIS term Tudor Grange Academy organised numerous exciting activities as part of the #WorcsGirlCan campaign and invited other local schools including NWS to join the action. The aim of the campaign is to help encourage women and girls of all shapes, sizes, abilities and backgrounds to get active. These activities allowed girls to experience something new, which is particularly beneficial for those who don't engage in PE, and provide strong exit routes beyond school sport so they continue to

participate beyond their time in school.

The first activity we attended back in March was the #WorcsGirlsCan hockey tournament for Year 7 and Year 8 girls. The aim of this was to introduce students to hockey and inspire them to join after school club or a club outside school. This event ran as a mini tournament with each team playing five other schools and in between games they had the chance to meet a current England player, Lizzie Neal. Our girls played

lots of hockey, learning new skills and rules on the way and even come away with signed gifts from Lizzie Neal.

The second activity aimed at Year 9 and 10 girls took place at Perdiswell leisure centre. Sixteen of our students took part in a Sh'bam fitness class, which lasted around 45 minutes. The class kicked off with the instructor taking us through

a basic warm up. Afterwards the instructor led us through a number of uncomplicated but fun dance combinations to different tracks, essentially creating its own standalone dance routine. Our girls thoroughly enjoyed trying a new activity and worked extremely hard – a lot of red faces towards the end! Including Miss McNicol.



Girls Football

THIS term our U13 girls football team did extremely well to reach the quarter finals in the Worcestershire Schools County Cup. In the quarter finals we unfortunately lost to Stourport High school, even though the girls battled hard and had many chances on goal. All the team should be very proud of their efforts and hope to come back stronger next year. The U14

girls football team have reached the final of the County Cup, winning an astonishing 6-0 against Ridgeway Academy in the semi-finals and now due to face Christopher Whiteheads in the final. A huge congratulations to all girls involved and good luck in the final!

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Being a Lifeguard

Olivia Chetterton
YEAR 7

OLIVIA is a keen swimmer and trainee lifeguard. Every year approximately 400 people die from drowning and many more have near drowning experiences. With summer approaching and people more likely to take to swimming pools and get outdoors near water, Olivia shares some tips.

“Hello I'm Olivia and I am a lifeguard in training. I am writing to tell you the crucially of lifeguarding as it is important to learn the skills and how it is wrongly portrayed in popular TV shows like Baywatch.

If you want to learn to be a lifeguard it can be complicated as you may think as since you need to complete all the stages up to stage 10. Here are some examples of tips that lifeguards are taught:

- Only ever attempt to rescue someone if you have had training to do so and it is not risking your safety.
- Do not risk your own life! Call 999 for help.
- Always find something to check the depth of the water before attempting a rescue
- Before saving someone always check the temperature as you would not want to risk your own life
- A drowning person may also need first aid - If you have to stop bleeding, then use any item to hand to stop the blood, such as a scarf or t shirt.
- If someone has a nose bleed, then get tissue and have them tilt their head forward

Being a lifeguard in real life is so much better than in TV shows like Baywatch. You make friends for life and you have the possibility of saving someone's life makes you all happy inside. So if you want to become a lifeguard I strongly advise it. Contact your local swimming pool to check out the courses they offer.”

Our Tips on Staying Safe Near Water

Look out for lifeguards

If you're looking for a place to cool off always find a lifeguarded swimming site.

It's colder than it looks

Water at open water and inland sites is often much colder than it looks, cold water can affect your ability to swim and self-rescue.

Don't go too far

Always swim parallel to the shore, that way you're never too far away from it.

It's stronger than it looks

Currents in the water can be very strong. If you find yourself caught in a rip tide – don't swim against it – you'll tire yourself out. Swim with the current and call for help.

Bring a friend

Always bring a friend when you go swimming so if anything goes wrong you've got someone there to help.

Thank you for reading



NUNNERY SPORT

Sport For All!

A NUMBER of students competed in the Inclusive Sports Festival at the University Arena on March 28th. This was a superb event aimed at developing a number of different sports skills and raising self confidence and self esteem.

Students from the University ran 8 individual events, as part of their degree course, in conjunction with the School Sports Partnership. All Worcester schools were invited.

Activities throughout the morning included Seated Volleyball, Athletics, Boccia, Curling, Blind Football, Wheelchair Basketball, Table-tennis and Target Tennis.

All students played really well and there was a great atmosphere and team spirit within the group.

Congratulations to all involved. It was a fantastically rewarding morning.



Term dates - 2019 / 20

AUTUMN TERM 2018
Term Starts - 4th September
Half Term - 28th October - 1st November
Term Ends - 20th December

SPRING TERM 2019
Term Starts - 6th January
Half Term - 17th February - 21st February
Term Ends - 3rd April

SUMMER TERM 2019
Term Starts - 20th April
Half Term - 25th May - 29th May
Term Ends - 17th July

OTHER DATES
Good Friday - 10th April
Easter - 13th April
May Day - 4th May
Whitsun Bank Holiday - 25th May

INSET DAYS
2nd & 3rd September 2019
25th October 2019
6th December 2020
20th July 2020

School shop

The Finance Office have a wide range of items for sale, including stationery, equipment and revision guides.

The Finance Office is open...
Monday to Fridays:
8.00am - 8.50am
10.50am - 11.05am
1.10pm - 2.00pm
3.05pm - 3.30pm

Our current price list is as follows:

Stationery	
Pen	10p
Pencil	10p
Ruler 6"	10p
Ruler 12"	15p
Rubber	5p
Sharpener	5p
Protractor	10p
Set Square	10p
Compass	25p
Small Pencil Case	85p
Large Pencil Case	£1.10
Art Pencil Set	£1
Mini Highlighter Set	£1.40
Large Glue Stick	40p
Stationery Set	£4
Art Sketchbook A3	£3
Art Sketchbook A4	£2
16GB Memory Stick	£3.70
Calculator	£6.35
Yr11 Tie	£4.30
Water Bottle	£1
8gb SDHC Card	£8
Revision guides only available on ParentPay	

Sights Set on Olympic Dream

YEAR 7 student, Mia Harding has been selected to train with the GB rhythmic gymnastics squad. Mia is part of the competition squad at her Gymnastics club "Rhythmic Gymnastics". Her squad were recently put forward by their coach to participate in the British Qualification Testing (BQT) process which they passed, and as a result, they have been selected to train for Great Britain. Mia has been training at her club since she was 5 years old. She started competitions when she was 8 years old. Mia's squad won Gold in the British Champions Group in July 2018 and then went on to become British Champions in October 2018.

They will be attending regular squad camps at the British Gymnastic Headquarters throughout the year with a view to training and being picked for the 2020 Olympics in Los Angeles. Mia said, "When we qualified, I was nervous, but also really excited. My goal is to make it to the 2020 Olympics."



Follow The Latest Sporting Action
@NWHSPPE on Instagram

